### Sensing and Feedback to Promote Environmentally Sustainable Behaviors

**@jonfroehlich** Virginia Tech Seminar Series Friday, February 17, 2012





# million gallons/day

2x Japan, China, Canada, Russia, Germany Combined

[Foreign Policy Magazine, Aug 2007]

#### of average american CO<sub>2</sub> footprint

[Weber & Matthews, Ecological Economics, 2008]

# <u>Oemano</u> in 2010, water consumption rose to 938 billion gallons in beijing water supply = 576 billion gallons

[Guardian, Dec 2010]



#### "china melting snow to meet freshwater demand"

[Guardian, Dec 2010]

lake mead expected to drop below intake pipes in next five years

[Bloomberg News, Feb 2009]

# economic

# political

# behavioral

# technological

# toyota prius



## toyota prius

The Washington Post washingtonpost.com > Nation > Green

More news on: Environment | Climate | Science

#### For Hybrid Drivers, Every Trip Is a Race for Fuel Efficiency

By Michael S. Rosenwald Washington Post Staff Writer Monday, May 26, 2008

Katie Sebastian accuses her friend Evan Hirsche of getting better mileage than she does because he lives in Bethesda and has flatter everyday trips than she encounters in hilly Takoma Park. She suspects the Hirsche family of taking frequent long drives out of town, which also helps them.

"They claim they haven't been out of town in a while," she said, "but I know they have."

Hirsche retorts: "It is well known that Katie is a lead-footer."

Their friendly rivalry stems from the Prius effect. Both drive a Prius, the Toyota hybrid with an elaborate dashboard monitor that constantly informs drivers how many miles per gallon they are getting and whether the engine is running on battery or gasoline power. That can change driving in startling ways, making drivers is of their driving habits, then adjusting them tion has 41 mpg.



Evan Hirsche averages 43 mpg with his Prius, while Katie Sebastian, shown with her son, Cole, averages 41 mpg. The drivers have friendly rivalry over their mpg scores, fueled by the Prius hybrid's real-time mileage readings. (By Kevin Clark -- The Washington Post) W Buy Photo







By Michael Chow for USA TODAY

in of Gilbert, Ariz., squeezes as much an get from his 2000 Honda Insight.

#### THE DISCUSSION



managed to squeeze that kind of mileage out of increasingly precious gasoline. Even on this, a bad day, Hudgin coaxed 28 mpg more out of his 2000 Honda Insight hybrid than its federal highway mpg rating.

hypermiler techniques

Hudgin's disappointment — he usually averages about 100 mpg this time of year — stems from his pride in being no

He's a hypermiler, part of a loose-knit legion of commuters who've made racking up seemingly unattainable mpg an art.

GILBERT, Ariz — After a 29-mile jaunt from

his Phoenix office to his home here, Louis Hudgin proclaimed his gas mileage "pitiful."

He averaged just 88.3 miles per gallon.

MAXIMIZING MPG: What experts think of

TELL US: How do you squeeze the most

Most drivers would take a victory lap if they

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b Yahoo! Buzz

Add to Mixx

f Facebook

C Twitter

More

Subscribe

Y myYahoo

g iGoogle

Hypermilers practice such unorthodox techniques as coasting for blocks with their car's engine turned off, driving far below speed limits on the freeway, pumping up tire pressure far



# what about sensing and feedback in the

home?





### traditional bill:

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- Would you like one less bill to think about & help the environment too? Enroll in FPL Automatic Bill Pay & your bill is always paid on time. Save time, postage, check writing & paper, Plus, cut fuel consumption of cars & trucks that transport checks. Enroll at FPL.com or see authorization form in this bill.

### opower bill:



#### TURN OVER TO LEARN MORE STAR® label

checks. Enroll at FPL.com or see authorization form in this bill. FPL Automatic Bill Pay & your bill is always paid on time. Save time, postage, check writing & paper. Plus, cut fuel consumption of cars & trucks that transport Would you like one less bill to think about & help the environment too? Enroll in

account may be subject to being billed an additional deposit.

(Over 1000 kWh at 30.051660)

### November Neighbor Comparison | You used 28% MORE energy than your efficient neighbor



# 20 million tons of coal

# yearly output of 4 nuclear power plants 1.1.1.1.1. A TA TA TA TA [Armel, BECC 2008]

#### can we do oetter tha 190BC ComEd Policia Power & Ught Company PO Box 025/76 Marm, FL 33102 / 27 Please request changes on the back. Notes on the front will not be detected. TD8 FP JOINDOR B 2,3,4,7,8 4118 6 AUTO \*\*\*C0 4501 116049 Z 1111 DELRAY BEACH FL 33945-350%



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Amount of your last bill

Ourrent reading Previous reading kWh used

Energy usage kWh this month Service days kWh per day

# plethora of display mediums





10:37 p Monday Oct 26















what impact does —this feedback have on your behavior?

sensing feedback

what behaviors should we sense and how? how should we present this data back to you?





#### power-aware cord

cord light pulsates & varies in intensity based on power draw

[Gustafsson and Gyllenswärd, CHI2005]

### the energy detective

\$ 0.40 per Hour 2.480 kilowatts

December 02 02:08 PM

The Energy Detective

ON / STANDEY

DENON CORECEIVER. UD-MOD







[Kohlenberg et al., J. of Applied Behavior Analysis, 1976]

toyota prius

oower-aware cord

jetsam

# what makes an eco-feedback design effective?

## how can we better understand the tradeoffs, constraints, and motivational strategies of ecofeedback designs?

### literature survey eco-feedback



150 papers in environmental HCI82 papers in environmental psychology

also literature in: persuasive technology, ambient displays, information visualization, behavioral economics, health behavior change, visual design



[Froehlich et al., HCIC2009; CHI2010; PhDThesis2011]
















[Effectiveness of Feedback on Performance: Becker, J. of Applied Psychology, 1978]



## ubigreen eco-feedback

**goals** increase awareness of transit habits attempt to motivate green transit



- fitness monitoring application
- automatically senses activity
- at-a-glance goal information





[Consolvo et al., CHI2008; Consolvo et al., UbiComp2008;

# effectiveness of the ubifit glanceable display



no glanceable display

glanceable display

## we want to sense



## ubigreen transit sensing infrastructure



mobile sensing platform

# how should we visualize this data in an eco-feedback display?

# Visualizations Informed By:

- Our eco-feedback design space
- Our experiences designing and evaluating UbiFit
- We conducted two formative studies of transit usage
- Past work on feedback systems



#### ubigreen personal ambient display













## 3wk field study

ubigreen eco-feedback

UDISTR

mobile sensing platform



HOME :: April 2, 2008 22:40 PM PDT

#### current ubigreen phone images

march 2008 field study

#### **RESEARCH PARTICIPANTS**











ubigreen1

ubigreen2

<u>ubigreen3</u>

ubigreen4



ubigreen5

ubigreen6

ubigreen7

ubigreen8

#### ubigreen study results

"i liked the tree because it was, to my mind, a pretty progress bar. i could tell the difference at a glance" [p11]

"i liked how stories were used" [p8]



"i want different stories every week" <sup>[p8]</sup>

"i would like to see some graph or raw data—a breakdown of transit activity by type for the week" <sup>[p13]</sup>

"it would be nice to see your carbon footprint" <sup>[p15]</sup>

#### ubigreen study results

"i liked that we didn't know what the background was going to do" <sup>[p15]</sup>

"negative feedback would also be good; maybe my polar bear should drown if i don't take green transit" <sup>[p14]</sup>

"i wanted to see the final stage i could get to" [p7]



"i don't like incentives for getting points artificially by taking unnecessary green trips" <sup>[p11]</sup>

"if i didn't get a leaf or a flower after, i felt like I was getting cheated out of my points" <sup>[p15]</sup>



# ubigreen

#### contributions

first system to semi-automatically track and feedback personal transit information

empirical findings from field deployment have implications for other eco-feedback systems:

- abstraction can make comparisons difficult
- users desire actionable feedback
- reward systems need to be carefully constructed



## are the most water consuming activities in the average North American home?

#### top water usage activities



[Vickers, Handbook of Water Use and Conservation, 2001]

#### we asked 656 people the same thing

select the top 3 most water consuming activities in an average home

### survey results



[Vickers, Handbook of Water Use and Conservation, 2001]

how much water do people think common activities actually use?

### water usage estimates (N=656)



These were individuals greatly interested in water conservation!

88% interested in conserving water at home

84% try to limit their water usage



SAVE MORE AT SAFEWAY

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REFRIG/FROZEN

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GEN MERCHANDIS

#SFY BENEHIST TAB

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OPOLIFAT RYE		4.99 B
CUSTARD PIE 91N	CardSav 1.00	4.99 B
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CHANGE TOTAL NUM	BER OF ITEMS =	35

## SAFEWAY ()

#### SAVE MORE AT SAFEWAY

Month: April 2006

Total Food Units: 1527

Total Price:

0 0

\$642

# what if you could get the same level of feedback in the home?





bath 6.5 gallons bathroom sink 1 4.2 gallons

30

9. . bathroom sink 2 0.8 gallons

toilet 78.4 gallons

shower 62.4 gallons



#### Requires cutting into pipe to install

Traditional water meters measure aggregate consumption

SERVICES	BILLING PERIOD		DAYS	METER READING			USAGE	USAGE HISTORY	
	From To	Previous			Present		Last Month	Last Year	
Water	2/9/11	3/9/11	31	238400	Actual	238900	500 CF	400 CF	400 CF
Sewer	2/9/11	3/9/11	31	238400	Actual	238900	500 CF	400 CF	400 CF
Sewer Deduct	2/9/11	3/9/11	31	95700	Actual	95700	0 CF	0 CF	0 CF

### direct sensing

[Teague Labs, Arduino Water Meter, http://labs.teague.com/?p=722]

.2/1

2102

PVC SCH. 40 COUPLIN

## direct sensing

bath 6.5 gallons bathroom sink 1 4.2 gallons

3)

×.,

bathroom sink 2 0.8 gallons

toilet 78.4 gallons

shower 62.4 gallons



scalable fixture-level sensing easy-to-install easy-to-maintain low-cost
hydrosense

single, screw-on sensor identifies fixture usage estimates flow

Froehlich et al., UbiComp2009; Larson et al., PMC2010; Froehlich et al., Pervasive2011

## brief plumbing primer





























#### Hot Water Bathroom Sink Inlet Line

3/8" Copper Connection

Pressure Transducer (0-100 PSI)

### Bathroom Sink (Basement)

## example open events



#### signature dependent on:

- fixture type
- valve type
- valve location in home

# hydro algorithm

detect that a water event has occurred
classify event as "open" or "close"
determine source of event (*e.g.*, toilet, shower)
provide flow estimate



 $\geq$ 



#### time (s)



time (s)









## fixture classification



transformations



oath





open event library

oath





unclassified open event

open event library





unclassified open event

#### open event library







#### unclassified open event

#### open event library



# hydro study

#1

goal study feasibility of using pressure to disaggregate water usage approach controlled experiments across 10 homes

#### controlled experiments

- 2 researchers per site
- 5 trials per valve

#### experimental script

- valve opened full stop
- pause for ~5 seconds
- valve closed

# experimental protocol
### ubicomp2009 data collection



### ground truth labels



These labels are going to help train and validate our algorithm



## collecting flow data

- 4 / 10 homes gathered flow data
- measure time to fill 1 gallon in a calibrated bucket

## data collection stats

#### ten test sites

- 706 trials
- 155 flow trials
- 84 total fixtures tested

## **classification** experiments 10-fold cross validation

- 1. break data into 10 sets of size n/10
- 2. train on 9 datasets and test on 1
- 3. repeat for each combination of datasets
- 4. take mean accuracy

#### **fixture classification results** by home

Open Events Close Events



10-fold cross validation

## **fixture classification results** by home



10-fold cross validation

#### **fixture classification results** by fixture





#### flow inference results by home



[Arregui, Evaluation of Domestic Water Meter Accuracy, 2003]

# hydro study

#1

**contributions** built and evaluated wireless pressure sensor

first to show that pressure could be used to disaggregate water usage

## brushing teeth

## shaving

## bathing

### paw washing



# hydro study

#2

goal
study how well hydrosense can
classify real world water usage
approach
5 week deployment in 5 homes

in the first study, pressure waves were **manually** annotated with "ground truth labels" describing:

- the fixture used
- the water temperature

#### I'm about to flush the toilet!

Awesome. Got it. Thanks Mr. Johnson



### wireless buttons

Contractions in contract of the local division of the local divisi

how many times will the hot and cold water valves be opened and closed while washing these dishes?

> tracks the number of times hot and cold are turned on/off



#### hot: 20 cold: 1

Real Property

P

## after many failed attempts

## automated ground truth labeling method

#### design goals -

#### hardware capabilities

- 1. wireless communication
- 2. low-power
- 3. water resistant

#### sensing capabilities

- 1. work across fixtures/appliances
- 2. detect opens/closes
- 3. discriminate hot/cold/mixed

### function across fixtures



## challenge: fixture diversity





#### single handle faucet

#### dual handle faucet



xbee wireless modem



fixture usage sensor board





xbee wireless modem

"wake up" sensors

THE JAN

fixture usage sensor board



#### fixture handle position sensors



fixture usage sensor board



#### accelerometer

Accelerometer & Ball Switch Taped on



## deployment sites

residents	2	2	4	2	2
size	3000 sqft	750 sqft	1200 sqft	700 sqft	750 sqft
floors	3	2	2	3 <sup>rd</sup> flr	6 <sup>th</sup> flr
fixtures	17	8	13	8	8
valves	28	13	21	13	13








# ground truth labels







## two pressure sensors per home



hydrosense data logger records ground truth sensor data plus two pressure streams for each home



pressure stream
red = hot line
blue = cold line
reed switches
high = active
low = inactive

## hydrosense data logger reed switches



# hydro deployment infrastructure

### **custom** ground truth data collection system



#### two pressure sensors



on-site sensing infrastructure

Jon's Apartment					
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python web backend

#### hydrovisualizer



#### hydroanalyzer



c# and matlab analysis tools

# 5-week dataset

						totals
days	33	33	30	27	33	156
events	2374	3075	4754	2499	2578	14,960
events/day	71.9	93.2	158.5	92.6	78.1	95.9

# avg num water events/day



# avg num water events/day



# fixture activity frequency







## of all water events were compound

# 41.8%

of all bathroom sink events were compound







# beyond template matching



V = pressure signature libraryS = sequence of unknown pressure transients

most likely valve sequence

$$\hat{V} = \arg \max P(\mathbf{V} | \mathbf{S}) = \arg \max \frac{P(\mathbf{S} | \mathbf{V})P(\mathbf{V})}{P(\mathbf{S})}$$

- **V** = pressure signature library
- S = sequence of unknown pressure transients



e.g., matched filtering and stabilized pressure drop

signal features

R-1

r=0

- **V** = pressure signature library
- S = sequence of unknown pressure transients



- **V** = pressure signature library
- S = sequence of unknown pressure transients



**V** = pressure signature library

S = sequence of unknown pressure transients



e.g., water usage duration

# three levels of granularity



## ) valve level

e.g., upstairs bathroom faucet hot water activated



## 2 fixture level

e.g., upstairs bathroom faucet activated





e.g., faucet activated

one pressure sensor



one pressure sensor



one pressure sensor



two pressure sensors one pressure sensor 100% 97.7% 95.9% 93.5% 89.5% 82.4% 75.5% 50% 0% fixture category level valve level fixture level

## compound events results real-world water usage data



# hydro study

#2

## contributions

demonstrated hydrosense can classify real-world water usage collected one of the most comprehensive datasets of water usage in the world



# reflect water eco-feedback display

**goals** explore large design space for water feedback interfaces evaluate designs both qualitatively and quantitatively





































rane Totale 4 

146,000 gallons of water

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6





























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	ater usage				











Two sets of designs:

#### Design Dimensions

Isolate eco-feedback design dimensions in the context of water usage

## **7** Design Probes

Meant to elicit reactions about how displays would fit within a household and potentially affect family dynamics





# design probes

Time-Series



#### Location Preferences



Per-Occupant

Spatial



#### Comparison



#### Measurement





#### Aquatic Eco-System



#### Rainflow



#### Action Recommendations



## per-occupant view

#### **Personal Usage Totals**

#### Friday June 15th | 9:30 PM


# time-series year view



#### time-series day view



#### time-series day view

#### Today's Real-Time Water Usage

Friday June 15th | 9:30 PM

Fixture Category View



#### spatial view

#### Today's Water Usage in Gallons

Room View



Friday June 15th | 9:30 PM

we also explored more *ambient* displays that were less "data-centric" and **more fun and playful** 

# aquatic eco-system



### functional vs. stylized

#### Bar Graph



#### Rainflow Bar Graph



#### rainflow bar graph

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stimulading apploading)

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void OnStartup(StartupEventArgs #)

ow Mindow window + new ReflectSimMainWindow(\_iApplicationLoading); coading = null;

(e))

must be set as the startup. See: http://msdm.mlcrosoft.com/en-us/library/x3eht538.aspx

ttribute()]
Hain(string[] args)

sted = mew HumualResetEvent(false); new Thread(ShouSplash); ethpartmentState(ApartmentState.STA); sBackground = true; sme = "Splash Screen"; tart();

sted.WaitOne();



- 9 ×	Output
Type	Show mutput from         Desig         Image: Construction of the second

# study method

- Online survey of 656 respondents exploring water usage attitudes, beliefs, knowledge
- Online survey of 651 respondents evaluating design dimensions and design probes
- (3) Interviews with 10 households examining a greater set of designs and exploring social dynamics within household

# study findings

- Overall preference
- Privacy concerns
- Comparison/competition Location of display

#### overall preference

Friday June 15th | 9:30 PM









Water Usage in Gallons Today

#### overall preference









# data granularity preference











54%

Individual Fixture View

27% Fixture Category View



Activity View

### activity preference

"It's more action oriented than plumbing oriented"

-R824

"It makes it so much easier to visualize what actions I need to take in order to reduce water usage"

-R48

-R80

"I wouldn't trust the activity view. How do you know if I am showering or cleaning the shower?"









Individual Fixture View



Fixture Category View



#### spatial preference









#### spatial preference

"The breakdown between rooms and appliances is clear and gives an intuitive sense of where water is being used" -R182

"Not sure why I'd want a map of my house here" -R125

"We know the house layout... we don't need to see it" Personal Usage Totals

-R342

#### privacy concerns

It feels "creepy" (R5) or like "Big Brother" (R826)

"This display comes across more 'big brotherish' to me"

-R84

"It's incredibly invasive. And other people's water consumption is not my business"

-R25

"I feel this is an invasion of privacy within my household. I wouldn't want them to know how long I was in the shower or how many trips to the restroom I took."





#### broad interest in comparison

# 91% : self-comparison68% : goal-comparison68% : social-comparison

#### competition vs. cooperation



#### Comparing Within Home

#### Comparing Outside Home



#### competition vs. cooperation

"It pits the family members together rather than encouraging collaboration."

"This display could set up a 'competitive' environment that we are trying not to create in our household."

-R493

-R485

"You can compare usage to others, and create friendly competition"

-R220

#### display location preferences





#### display location preferences





near thermostat



high traffic areas



accessible when needed



### summary of water vis findings

- 1 Information should be simple, glanceable, easy-tounderstand, actionable
- Comparison is important but may upset family / household dynamics
- 3 Balance between information transparency and privacy of future eco-feedback displays is likely going to affect adoption
- A Multiple representations of information may be necessary to satisfy different individuals in household











visualization and analysis tools of open source software teams [ICSE2004; GROUP2005]

mobile tools to support field studies human behavior [MobiSys2007]

analyzing and predicting individual travel patterns [UbiComp2006; SAE2008]



mobile device (touch screen) accessibility for impaired users [ASSETS2007; TACCESS2011]



urban informatics – sensing, analyzing & visualizing cities [UrbanSense2008; IJCAI2008; ICDM2011]



sensing and feedback of health and wellness behaviors [CHI2008; UbiComp2008]









urban informatics

#### new hydrosense applications



# eco-feedback informatics

#### eco-feedback future work

- 1. exploring lightweight field deployment study designs
- 2. longitudinal behavioral intervention study of water visualizations
- 3. applications of eco-feedback to health behaviors



eco-feedback



#### urban informatics

#### new hydrosense applications

# sensing at a massive scale "urban informatics"

# sensing and predicting the movement of a city via shared bicycling

[Froehlich et al., UrbanSense2008; IJCAI2009]

# barcelona, spain

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Summer 2008: - 373 stations - 6,000 bicycles - 150,000 subscribers

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↓ Jul 16, 2009 3:59am

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Data SIO, NOAA, U.S. Navy, NGA, GEBCO Image © 2009 Institut Cartogràfic de Catalunya Image © 2009 TerraMetrics



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### num checked-out bicycles across all stations



# what can we learn if we combine data

from other sources?

Tube Weekly Activity



[Lathia, Froehlich & Capra, ICDM2010]

# how should this real-time information be visualized and accessed?

Data SIO, NOAA, U.S. Navy, NGA, GEBCO Image © 2009 Institut Cartogràfic de Cataluny Image © 2009 TerraMetrics



Jul 16, 2009

# can we use this data to automatically detect events in the city?

Data SIO, NOAA, U.S. Navy, NGA, GEBCO Image © 2009 Institut Cartogràfic de Cataluny Image © 2009 TerraMetrics









# eco-feedback

### urban informatics

STARBUCKS 1 63° 🙈 Today's Water Usage in Gallons 8,000 Bathroom 1 Back Room 6,290 6,400 4,800 4,328 3,401 3,254 2,996 3,200 -2,803 1,642 1,507 1,600 - 1,145 1,080 961 815 0 Hand Sink Hand Sink Dish Sanitizer Espresso Espresso Coffee Machine Machine Brewer Toilet Toilet Hand Sink Dish Sink Sink Sink ESPRESSO

> let Hand Toilet Hand Dish Dish Sink Sink Espre Sink Sink Sink Santizer Mad

# epa estimates that 1 trillion gallons of water are lost due to leaks in homes

every year

## can hydrosense be used to detect certain leaks?

### hydrosense algorithms

1. minimal training set
2. cross-home training
3. unsupervised learning



how predictable are home water usage patterns?

how can hydrosense be used to support aging in place applications?

### assisted living applications







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# thank you!

@jonfroehlich



### US Energy Consumption by Sector

### US Public Water Use by Sector

