Promoting Energy Efficient Behaviors in the Home through Feedback: The Role of HCI









The United States consumes one quarter of the world's energy resources, despite accounting for less than five percent of the world's population (US Department of Energy, 2002).

The **residential sector accounts for 21%** of the nation's energy use and the average American household spends nearly \$2,000 on energy bills per year (US Department of Energy, 2006).

Home energy and personal transport are the top two contributors of the average American's CO_2 emissions into the environment (Weber and Matthews, 2007), accounting for over 50% of their total carbon footprint.

What are the **most effective strategies** in motivating energy efficient behavior through feedback technology?

How can we successfully **incorporate theories of human behavior** from environmental psychology, behavioral economics, decisiontheory, goal-setting theory, etc. into our designs?

What **presentation medium** should the feedback use? How is it accessed? How often should it update?

How can **intelligent user interfaces** be used to open up new opportunities for feedback? Can we automatically link higher level human activities to energy usage, thereby presenting information not just in terms of energy consumption but also in terms of the activities that occurred to cause the consumption?

Can machine learning help determine the best time and format to feed information back to the user ?

ten design dimensions

- 1. frequency
- 2. measurement unit
- 3. data granularity
- 4. push pull
- 5. presentation medium
- 6. location
- 7. visual design
- 8. recommending action
- 9. comparisons
- 10. social sharing

frequency





measurement unit





data granularity



push / pull

• On your iGoogle page



Home Electricity Use

presentation medium



location



visual design



recommending action



Google.org home

Energy Information

Home

Smarter Power

What We're Doing

Demo Project

FAQs

Work with Us

Energy Saving Tips

Energy Saving Tips

Here are some more resources to help you find ways to reduce your energ

Heating and Cooling:

- Weatherstrip and caulk your windows and doors
- Seal and insulate your home
- · Consider installing a Geothermal Heat Pump to heat and cool your
- Clean your furnace's filter monthly
- Consider buying an ENERGY STAR furnace or air conditioner, insul
- Cover your hot water heater with an insulation blanket
- Consider installing energy efficient windows or storm windows

Saving Water:

- Reduce the temperature of your hot water heater to 120F or less (or
- Install a low flow shower head (there are some nice ones out now-a-
- Solar hot water heaters can reduce your hot water heating bill
- Wash clothes in cold water
- Run full loads in the washing machine and dishwasher
- If available, use the energy savings settings on your dishwasher and
- Consider air drying your clothes, saves energy, money and keeps y
- Take a shorter shower

comparisons



Compare your usage to others

Do you wonder how your energy use compares with others? Greenbox allows you to compare your usage anonymously with other homes like yours.

Your home	Community ave
997 W	272 W
79 W	98 W

social sharing



discuss

What are the **most effective strategies** in motivating energy efficient behavior through feedback technology?

How can we successfully **incorporate theories of human behavior** from environmental psychology, behavioral economics, decision-theory, goal-setting theory, etc. into our designs?

What **presentation medium** should the feedback use? How is it accessed? How often should it update?

Utilities Turn Their Customers Green, With Envy



PowerCost home energy monitor

Mouse over an area on the display for more details



Google Power Meter

• On your iGoogle page



Ecobee web display:

EcoBee





EcoMagination ecomaginationTH Daily Your use of the GE ecomogination Homebuilder Program has saved the earth an equivalent of: Weekly Monthly or or 2.08 Benefits **Miles Oriven** Tons of CO2 Dollars Year-to-Date Energy Savings Details * Energy Water Bock



EnergyHub

Home		Detalls			7:52 PM Thu Dec 18 2008		
Appliance	Room	Pow	/er	Month to Date	Projected	1	
Window A/C	Studio	800.6	w	\$36.80	\$63.37	\cap	
Refrigerator	Studio	511.8	w	\$23.01	\$39.63		
Plasma TV	Studio	362.3	w	\$4.61	\$7.93	000	
Incandescent Lamp	Studio	103.6	w	\$2.65	\$4.57		
Cable Box	Studio	23.0	w	\$2.03	\$3.49		
MacBook	Studio	52.1	w	\$1.53	\$2.64		
CFL Lamp	Studio	19.2	w	\$0.50	\$0.86	U	
		1,875.6	w	\$71.40	\$122.97		

Goals









