# GREEN

JONFROEHLICH
ASSISTANT PROFESSOR CS
30<sup>TH</sup> ANNUAL HCIL SYMPOSIUM
MAY 22 2013















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# GAMIFYING GREEN

**SUPER MARIO BROS** 

GREEN EDITION



#### **WHAT IS**

## **GAMIFICATION**

ga·mi·fi·ca·tion [gay-muh-fi-kay-shuhn]
integrating game dynamics into your site,
service, community, content, or campaign,
in order to drive participation.

(from bunchball.com)

ga·mi·fi·ca·tion [/ gāmifə kāSHən/n]
the application of two in [1]

the application of typical elements of game playing (e.g., point scoring, competition, rules of play) to other areas of activity, typically as an online marketing technique to encourage engagement with a product or service

(from Oxford Dictionary)

the how

ga·mi·fi·ca·tion [gay-muh-fi-kay-shuhn] integrating game dynamics has your site, service, community, content, or campaign in order to drive participation.

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the how the why

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(from Oxford Dictionary)

### Gamification is:

The use of game design elements in non-game contexts



## Gamification is:

The use of game design elements in non-game contexts



Supplies "the how" but not "the why"

Despite detractors, interest in gamification is growing

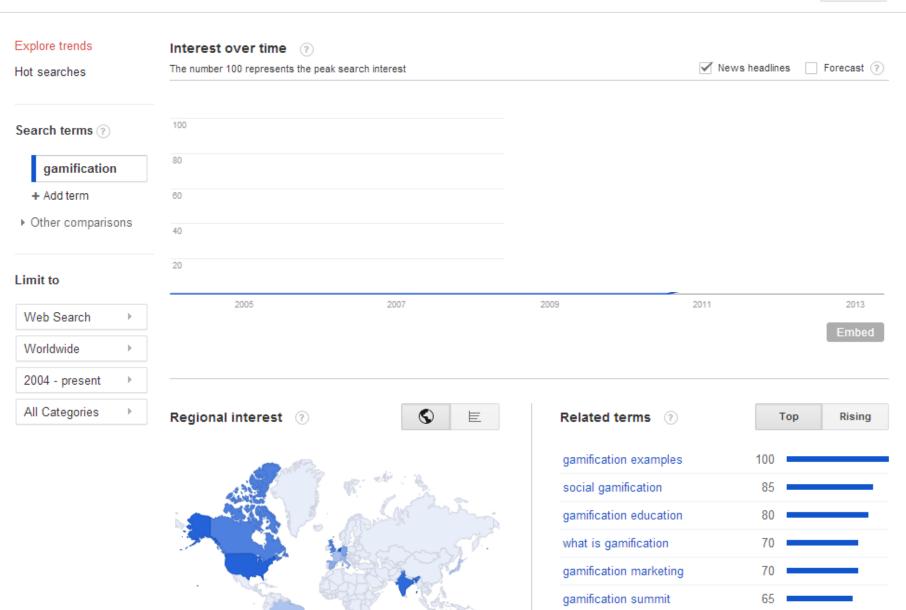
We'll get into this later



#### **Trends**

Web Search Interest: gamification. Worldwide, 2004 - present.

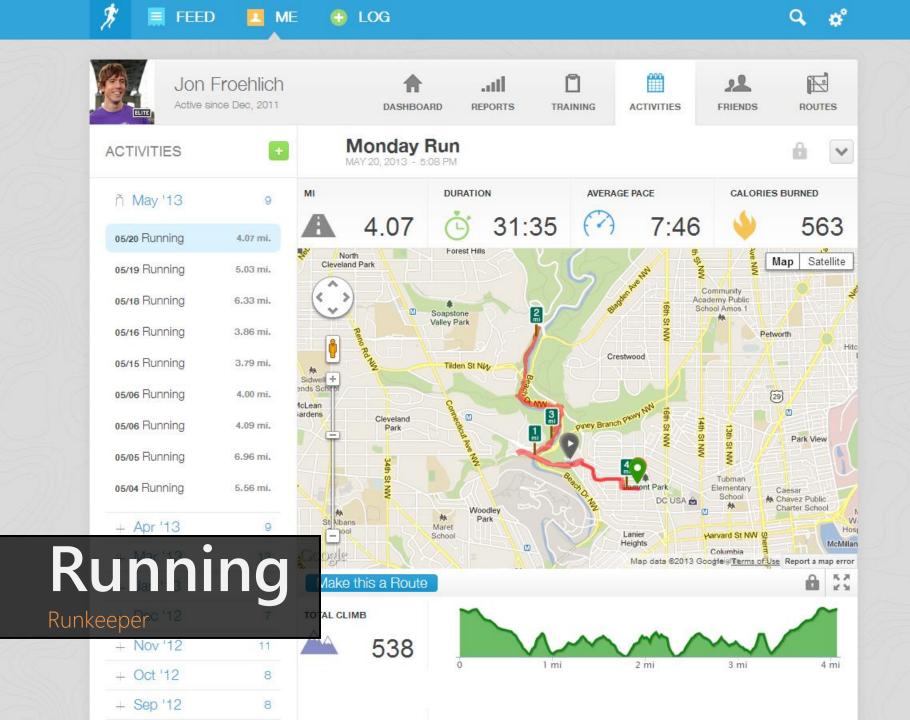






#### **Trends** Web Search Interest: gamification, mhealth. Worldwide, 2004 - present. Explore trends Interest over time ? ✓ News headlines Forecast ? The number 100 represents the peak search interest Hot searches gamification 100 Search terms ? 80 gamification 60 mHealth mHealth + Add term 40 ▶ Other comparisons 20 2005 2007 2009 2011 2013 Average Limit to Web Search Worldwide mhealth gamification 2004 - present All Categories Regional interest ? Related terms ? Rising Top gamification examples 100 social gamification gamification education 80 what is gamification 70

gamification marketing

















## LIFE IS A SPORT. MAKE IT COUNT.

See how active you are and get motivated to move more.









Run farther, Get faster, Know more than ever before.



Nike+ FUELBAND

Make life a sport. Track your all-day activity and translate your moves into NikeFuel.



BASKETBALL

Measures your game. Raises the game. Nike+ sensors track how high, quick and hard you play.



#### KINECT TRAINING

Personalized Nike Training, in your home. Kinect technology tracks your every move so you get realtime coaching.



#### LATEST NIKE ACTIVITY

See what's happening in Nike+ around the world.











HOW IT WORKS

FIND SAVINGS

COMMUNITY

COMPANY

It's Free! Get started here >

#### Overview

See all accounts

Auto categorization

Easy budgeting

Timely alerts

Safe and secure

What's free

Helpful graphs

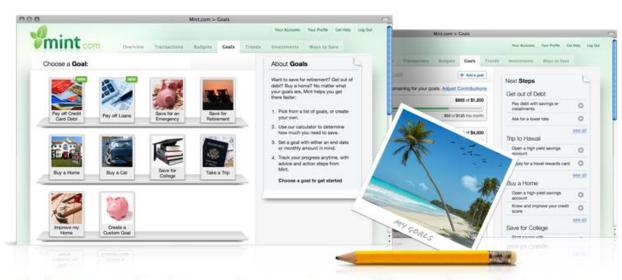
#### Achieve your goals

Find savings

Track investments

Mobile apps

### Ready? Set? Goals!

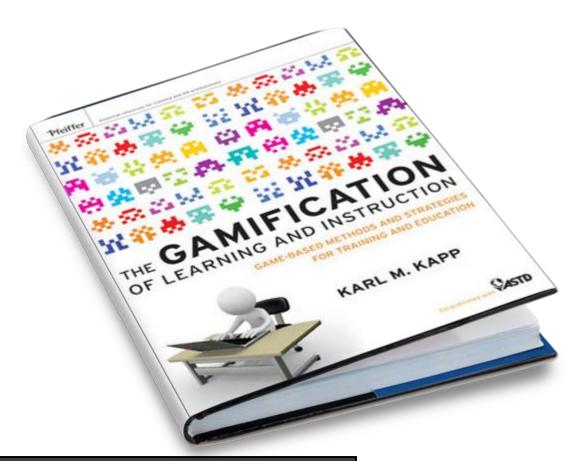


Whether you want to buy a home, save for retirement, get out of debt or pay down student loans, Mint helps you reach your goals. Just enter how much money you need, set a date and link your goal to specific accounts so it's easy to stick to your plan.



#### See how you're doing

You can check how close you are to your goal amount anytime. Keep up-to-date with monthly emails that track your progress, and learn how to reach your goals faster with free advice and customized next steps.





## Education

The Khan Academy

### Gamification is:

The use of game design elements in non-game contexts



# Green

## **Gamification is:**

The use of game design elements in non-game contexts environmental





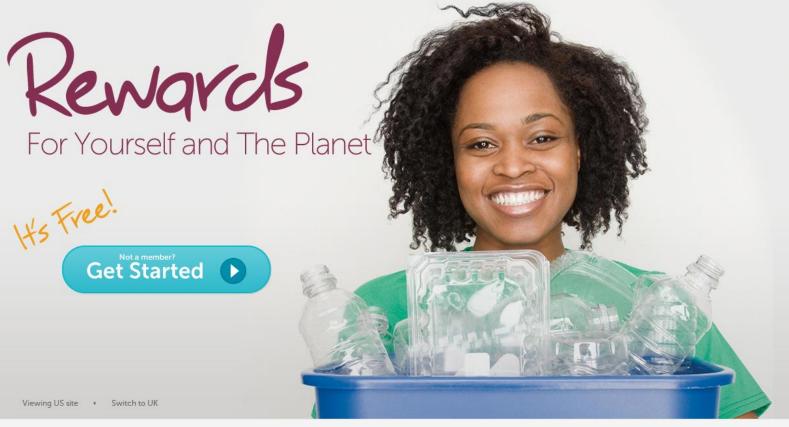
## Gamification is:

The use of game design elements in non-game contexts environmental



...to promote proenvironmental behavior





#### Recyclebank<sup>a</sup>







My Account Earn Points Get Rewards Live Green About Us Get Help Corporate Info Learn, Read, Or Take Home & Garden How It Works Member Support Partner With Food & Beverage Recyclebank Books & Lifestyle Who We Are Privacy Policy Recycling ines Newsroom Green Schools Food & Drink Membership irants Agreement Careers Holidays & ainment & Entertaining ation More Recyclebank



#### **TravelSmart Tracker**

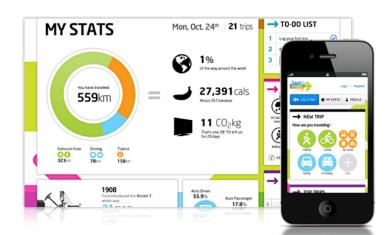
Log your trips, measure your impact, see your results. Discover the TravelSmart benefits and the impacts of your daily travels. See how your choices affect you and the community around you, and make a change for good!

It's completely free, and easy to use.

How are you going to get there?

Log a new trip +

Already on board? Login or Register.





Copyright © 2013 TransLink | Privacy Policy Send your suggestions to tracker@travelsmart.ca

Travel Smart

## **Public Transit**

https://tracker.travelsmart.ca











Now at The Home Depot >



What's new >



IN HOUR DEPOT

nest.com

KATHERINE BOEHRET, THE WALL STREET JOURNAL Suddenly, I can't imagine my house without a Nest.

More >



LINDSEY TURRENTINE, CNET

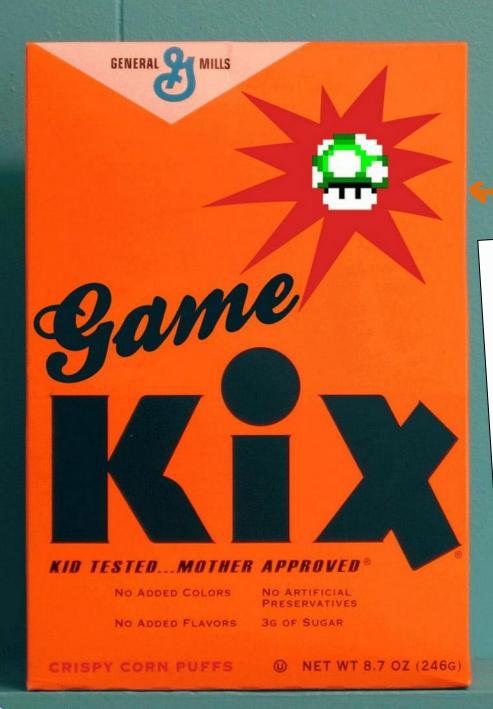
\*\*\*\* Spectacular



GreenBiz Group listed gamification as one of the top sustainable business trends of 2012, noting that **game mechanics are increasingly used** by companies to provide "rewards for making good, green choices"



**GreenBiz Group**Cleantech Analysts / Consultancy



#### The Gameful World

Approaches, Issues, Applications

This talk based on my forthcoming book chapter in The Gameful World

DRAFT CHAPTER FOR THE SOOK: THE GAMEPUL WORLD - http://www.gamefulworld.org/

### GAMIFYING GREEN:

Surveying and Situating Green Gamification for Environmental Sustainability

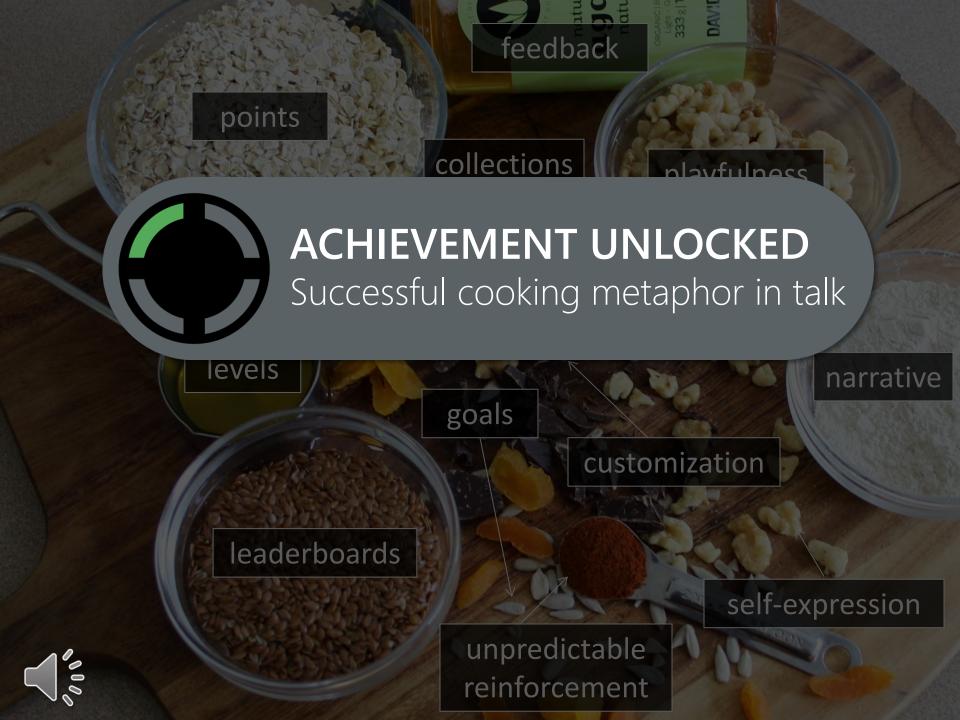
This is a draft chapter for the forthcoming book. The Gameful World. Some content subject to change. Note: the pagination, article double spacing, figure and table placement are for draft purposes and will be handled by the publisher for final

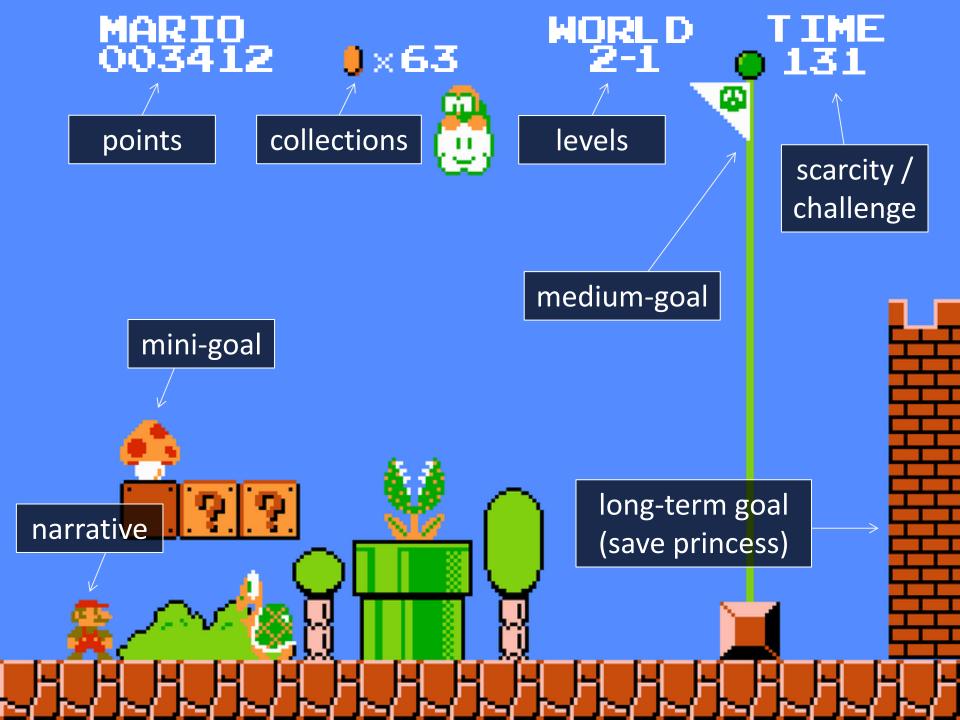
#### Please cite as:

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## GAMIFICATION INGREDIENTS











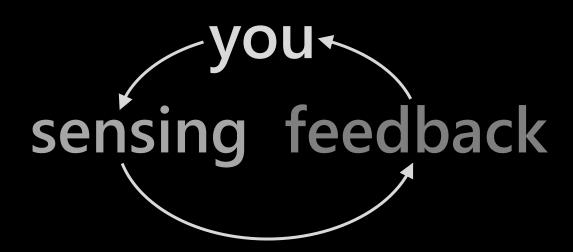


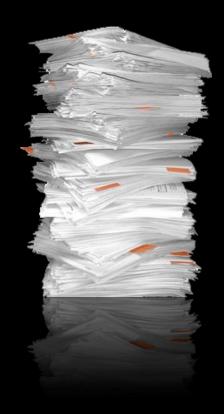




# eco-feedback

sensing and visualizing behavior to reduce environmental impact





#### Sensing and Feedback of Everyday Activities to Promote Environmental Behaviors

Jon E. Froehlich

A dissertation submitted in partial fulfillment of the requirements for the degree of

Doctor of Philosophy

University of Washington

2011

Program Authorized to Offer Degree: Department of Computer Science and Engineering

Department of Computer Science and Engineerin



# It's not so easy





By 2014, 80% of current gamified applications will fail to meet business objectives primarily due to poor design.



### **Gartner Group**Technology Analyst Company

### The difference is in the **design** and **execution**



VS.



success

failure

### The difference is in the **design** and **execution**



success





# GREEN GAMIFICATION EXAMPLES

# OPENWER

Opower's mission is to give everyone, everywhere, the information, control, and motivation they need to save energy.

This is where behavioral psychology and gamification come in

### Traditional Bill:



Florida Power & Light Company PO Box 025576 Miami, FL 33102

27

Please request changes on the back. Notes on the front will not be detected. The amount enclosed includes the following donation: FPL Care To Share

2,3,4,7,8 4118 6

#0148843BQ485818#

DELRAY BEACH FL 33445-3504

Make check payable to FPL in U.S. funds and mall along with this coupon to:

Letter Hadrich de la land and letter de la land de la l

GENERAL MAIL FACILITY MIAMI FL 33188-0001

			* .
Account number	Total amount you owe	New charges due by	Amount enclosed
bassas and	\$295.43	Jul 16 2008	\$

#### Your electric statement

For: May 27 2008 to Jun 25 2008 (29 days)

Customer name: Service address: Account number:

Statement date: Next meter reading:

Jun 25 2008 Jul 25 2008

\$295,43

Amount of your last bill	Payments	Additional activity (+ or -)	Balance before new charges (=)	New charges (+)	Total amount you ows (⇒)	New charges due by
328.10	328.10 CR	0.00	0.00	295.43	\$295,43	Jul 16 2008

Total amount you owe

#### Meter reading - Meter 7C18171

Current reading		52489
Previous reading		- 50153
kWh used		2336
Energy usage	Last Year	This
kWh this month	3375	2336
Service days	32	29
kWh per day	105	81

#### \*\*The electric service amount includes the following charges:

Customer charge: \$5 34 Fuel: \$135.46 (First 1000 kWh at \$0.052270)

(Over 1000 kWh at \$0.062270) Non-fuel: \$110.35

(First 1000 kWh at \$0.041340) (Over 1000 kWh at \$0.051660) Amount of your last bill 328.10 Payment received - Thank you 328.10 CR Balance before new charges \$0.00 New charges (Rate: RS-1 RESIDENTIAL SERVICE) Electric service amount 251.15\*\* 2.59 Storm charge Gross receipts tax 6.51 15.75 Franchise charge Utility tax 14.51 Late payment charge 4.92 Total new charges \$295.43

- شمج بساسوه البهره وبشؤا ب - A late payment charge of 1.50% will apply if not paid by July 16, 2008, and your account may be subject to being billed an additional deposit.
- Would you like one less bill to think about & help the environment too? Enroll in FPL Automatic Bill Pay & your bill is always paid on time. Save time, postage, check writing & paper, Plus, cut fuel consumption of cars & trucks that transport checks. Enroll at FPL.com or see authorization form in this bill.

### Opower Bill:



JOHN DOE

An Exelon Company

Home electricity report

Account number: 1234567890 Report period: 04/10/09 - 05/08/09

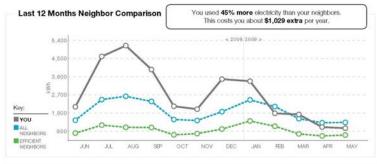
We are pleased to provide this personalized report to you as part of a pilot program. The purpose of the report is to:

Provide information This report is an educational tool to help you understand your home's electricity use in the context of other homes.

Track progress We will help you learn about how your home's usage changes over time and where you likely have opportunities to save.

Share energy efficiency tips On the back of the report, we provide ideas for saving energy and money. You can find more tips at www.ComEd.com/energyreport





Personalized Action Steps

☐ Set your thermostat for comfort and savings

☐ Choose efficient light bulbs

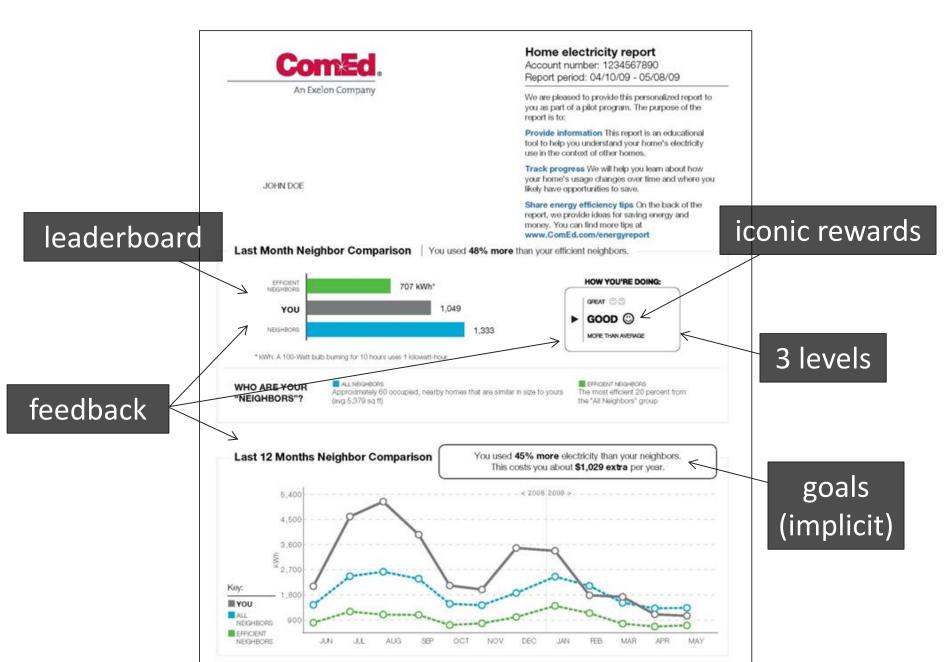
Look for the ENERGY STAR® label

TURN OVER TO LEARN MORE

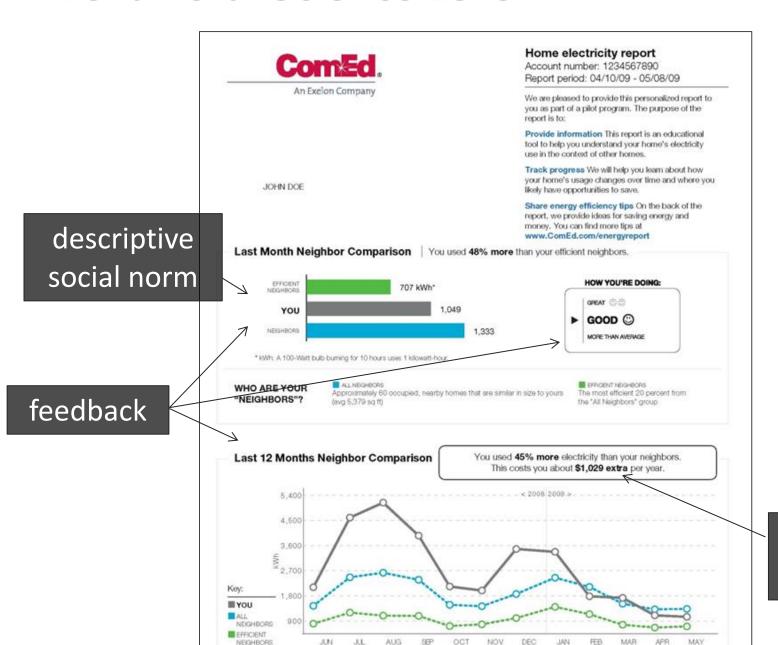
TURN OVER TO LEAVEN MORE \*\*

checks. Enroll at FPL.com or see authorization form in this bill. FPL Automatic Bill Pay & your bill is always paid on time, save time, postage, check writing & paper. Plus, cut fuel consumption of cars & trucks that transport Would you like one less bill to think about & help the environment too? Enroll in account may be subject to being billed an additional deposit.

#### A Gamification Lens



#### A Behavioral Science Lens



loss aversion

## Descriptive Norms

VVe invite you to join with us to conserve water by using your towels more than once. In addition to decreasing water and energy consumption, you help us reduce the amount of detergent waste water that must be recycled within our community. Please hang the towels up if you wish to participate in the program - if not, simply leave them on the floor.

We appreciate your help!

A descriptive social norm describes what is typical or normal behavior in a particular context:

"If everyone is doing it, it must be a sensible thing to do"

We invite you to join with us to conserve water by using your towels more than once.

In addition to decreasing water and energy consumption, you help us reduce the amount of detergent waste water that must be recycled within our community.

Please hang the towels up if you wish to participate in the program — if not, simply leave them on the floor. @1996



We appreciate your help!



Printed on recycled paper. Laminated to reduce wast

Almost 75% of guests who are asked to participate in our new resource savings program do help by using their towels more than once.

You can join your fellow guests in this program to help save the environment by reusing your towels during your stay.



We appreciate your help!



Printed on recycled paper. Laminated to reduce waste.

standard environmental message descriptive norm message



6% increase

But there's a **problem** with social norms...

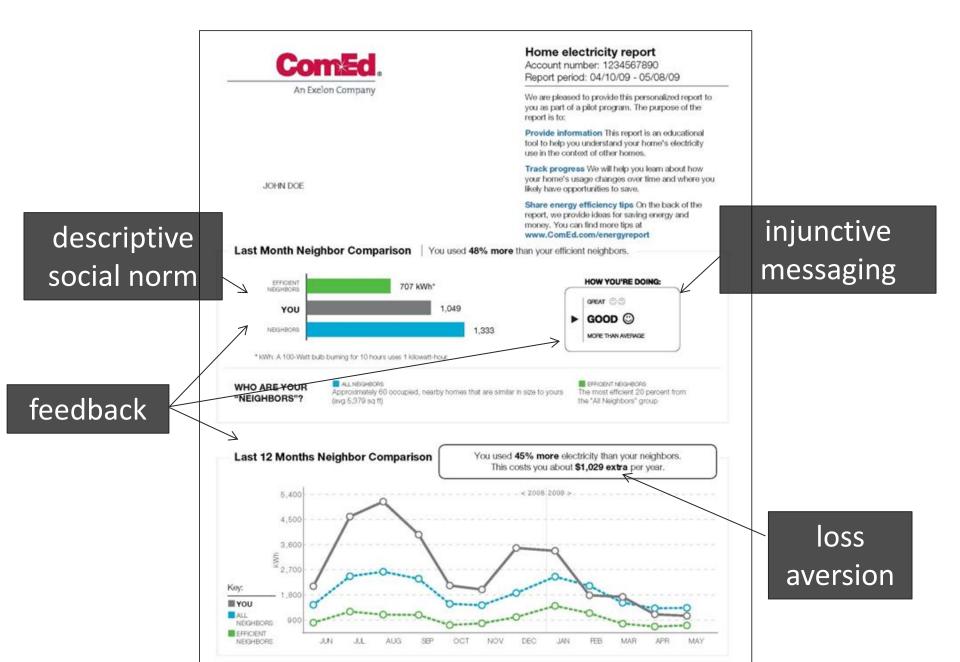
The Boomerang Effect





Schultz et al., The Constructive, Destructive, and Reconstructive Power of Social Norms, Psychological Science 2007

#### A Behavioral Science Lens



Is Opower successful?



#### EVIDENCE FROM TWO LARGE FIELD EXPERIMENTS THAT PEER COMPAGE FEEDBACK CAN REDUCE RESIDENTIAL ENERGY USAGE

#### **Evaluation Report: OPOWER SMUD** Pilot Year2

Ian Ayres Sophie Raseman Alice Shih

Working Paper 15386 http://www.nber.org/papers/w

NATIONAL BUREAU OF ECONOM 1050 Massachusetts Ave Cambridge, MA 0213 September 2009

Special thanks to Tyler Curtis and Alex Laskey from Po to earlier drafts. The views expressed herein are those the views of the National Bureau of Economic Rese

NBER working papers are circulated for discussion a reviewed or been subject to the review by the NBE NBER publications.

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#### ARTICLE IN PRESS

Journal of Public Economics xxx (2011) xxx-xxx

Contents lists available at ScienceDirect

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journal homepage: www.elsevier.com/locate/jpube



#### Social norms and energy conservation

#### Hunt Allcott

MIT. United States New York University, United States

PUBEC-03119; No of Pages 14

#### ARTICLE INFO

Article history: Received 9 June 2010 Received in revised form 2 February 2011 Accepted 7 March 2011 Available online xxxx

JEL classifications: D12 L94 041

Keywords: Social norms Energy demand Randomized field experiments

#### ABSTRACT

This paper evaluates a series of programs run by a company called OPOWER to send Home Energy Report letters to residential utility customers comparing their electricity use to that of their neighbors, Using data from randomized natural field experiments at 600,000 treatment and control households across the United States, I estimate that the average program reduces energy consumption by 2.0%. The program provides additional evidence that non-price interventions can substantially and cost effectively change consumer behavior: the effect is equivalent to that of a short-run electricity price increase of 11 to 20%, and the cost effectiveness compares favorably to that of traditional energy conservation programs. Perhaps because the treatment included descriptive social norms, effects are heterogeneous: households in the highest decile of pre-treatment consumption decrease usage by 6.3%, while consumption by the lowest decile decreases by only 0.3%, A regression discontinuity design shows that different categories of "injunctive norms" played an insignificant role in encouraging relatively low users not to increase usage.

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#### 1. Introduction

Climate change has emerged as one of the most important economic policy issues of the early 21st century, and many view energy efficiency as an appealing approach to reducing greenhouse gas emissions. Traditionally, economists and policymakers have focused on relative prices as the primary force driving energy demand. As a result, carbon cap-and-trade programs are the centerpiece of proposed climate change policies, and subsidies for energy efficient durable goods draw the vast majority of public energy

efficiency funding in the U.S. (Gillingham et al., 2006). There are three problems with

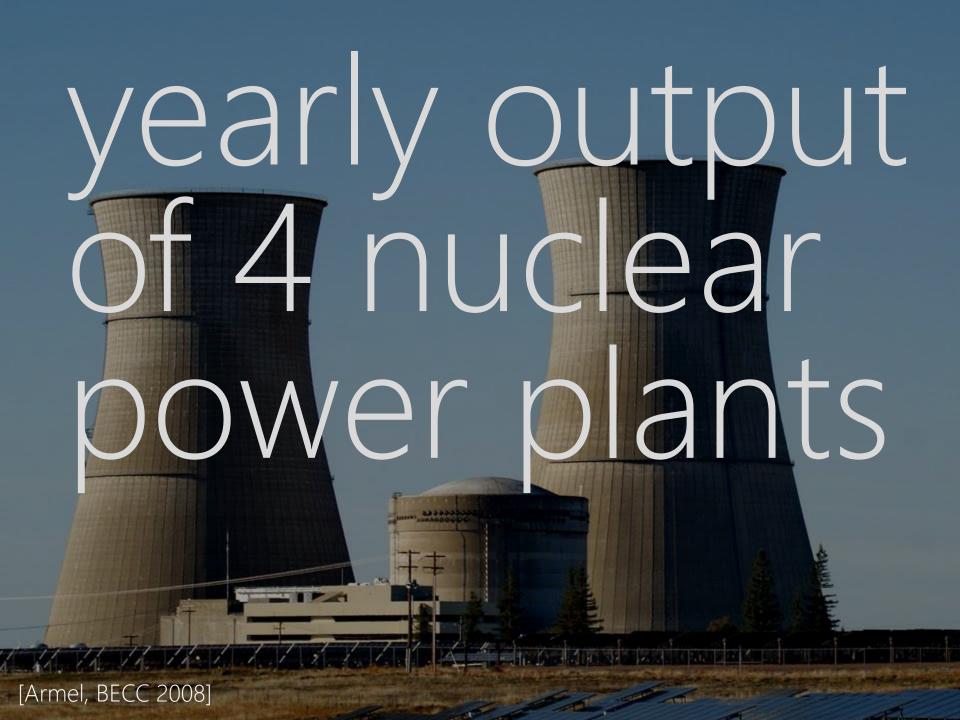
Spurred by these problems, interest has dramatically increased in non-price energy conservation programs that are informed by insights from behavioral science and evaluated via randomized trials. Non-price interventions are typically inexpensive relative to subsidies, and as demonstrated by Bertrand et al. (2010) in the context of consumer finance, carefully-crafted psychological cues can have effects on demand that are comparable to large changes in relative prices, A critical challenge, however, is to craft interventions that are powerful and cost-effective when implemented at large scale.

This paper examines one of the most notable non-ne

# November Neighbor Comparison | You used 28% MORE energy than your efficient neighbor







## Together with our 80 utility clients, we've now saved 2 Terawatt hours

That's enough energy to take the city of Sacramento off the grid!

Find out more (>)



WS WEBINAR BLOG



Opower makes Disruptor 50 List >> Opower named top energy innovator



Join us for our next webinar >> Learn about EU's Energy Efficiency Directive



Earth Day at Opower >>

Learn about our environmental impact



Want to help change the world? >> We're hiring—click here to find out more!

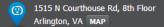
#### **NEWSLETTER**

Get the latest updates about the company and our products sent to you about once a month

Your email

SIGN UP

#### **OFFICES**







#### **HELLO, WE'RE OPOWER**



















JOIN US

# GREEN GAMIFICATION ECO-DRIVING



# There is a well known link between DRIVER BEHAVIOR and FUEL ECONOMY



# Fuel economy can vary by up to 25% due to driver behavior



Accelerating moderately

Anticipating traffic flow & signals

Driving at the speed limit

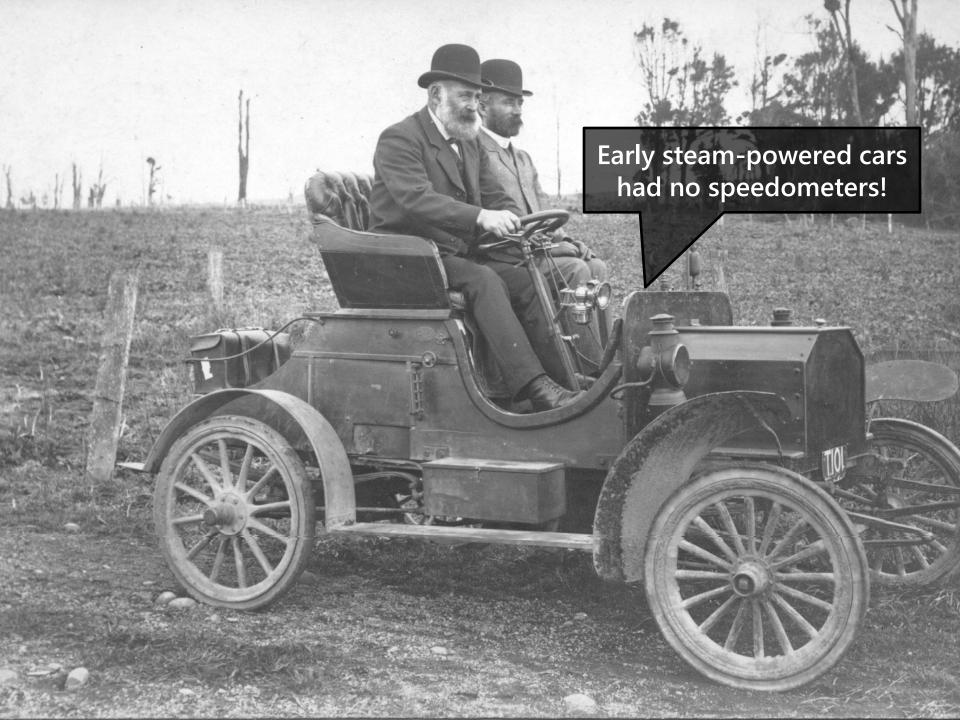
Eliminating excessive idling

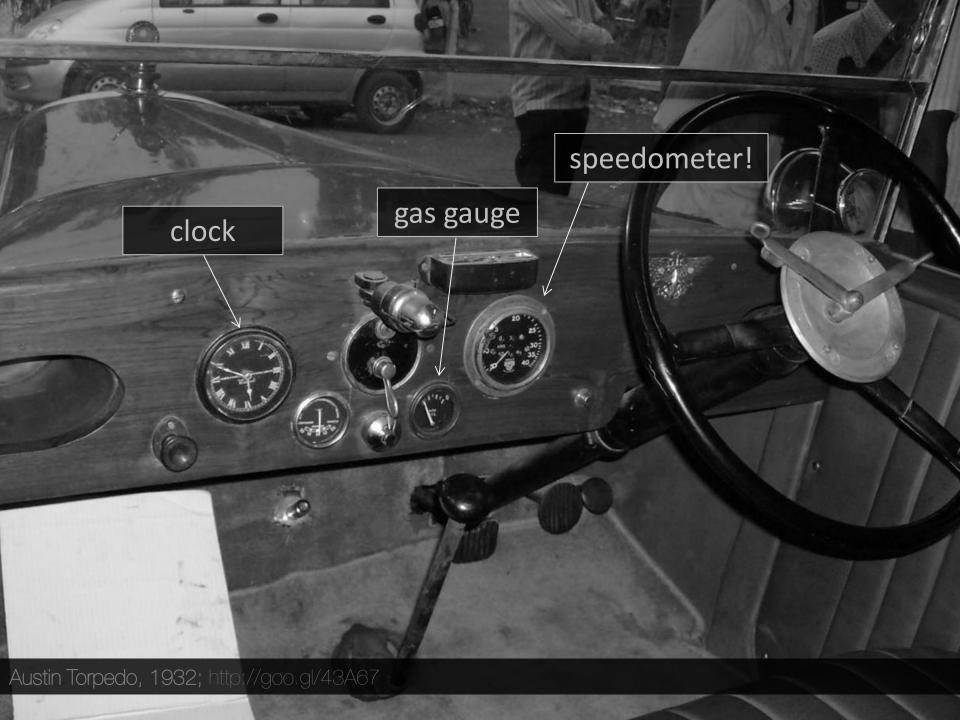
Good car maintenance

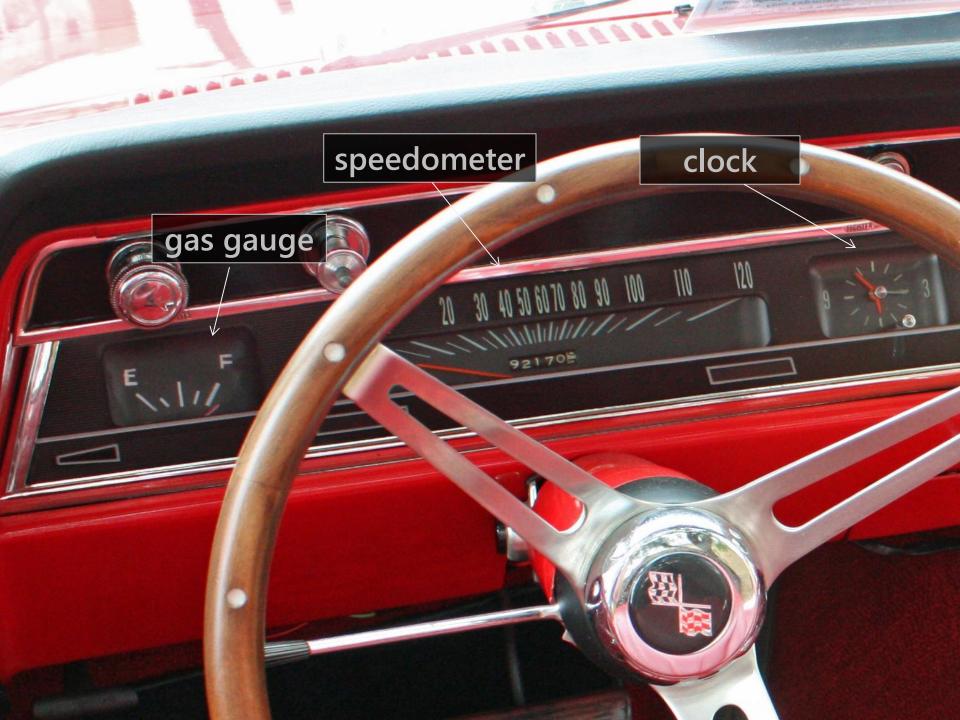
If 1/3rd US drivers adopted eco-driving behaviors

33 million metric tons of CO<sub>2</sub>

### Feedback in the automobile

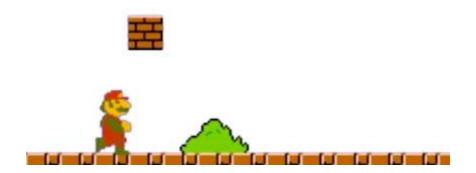


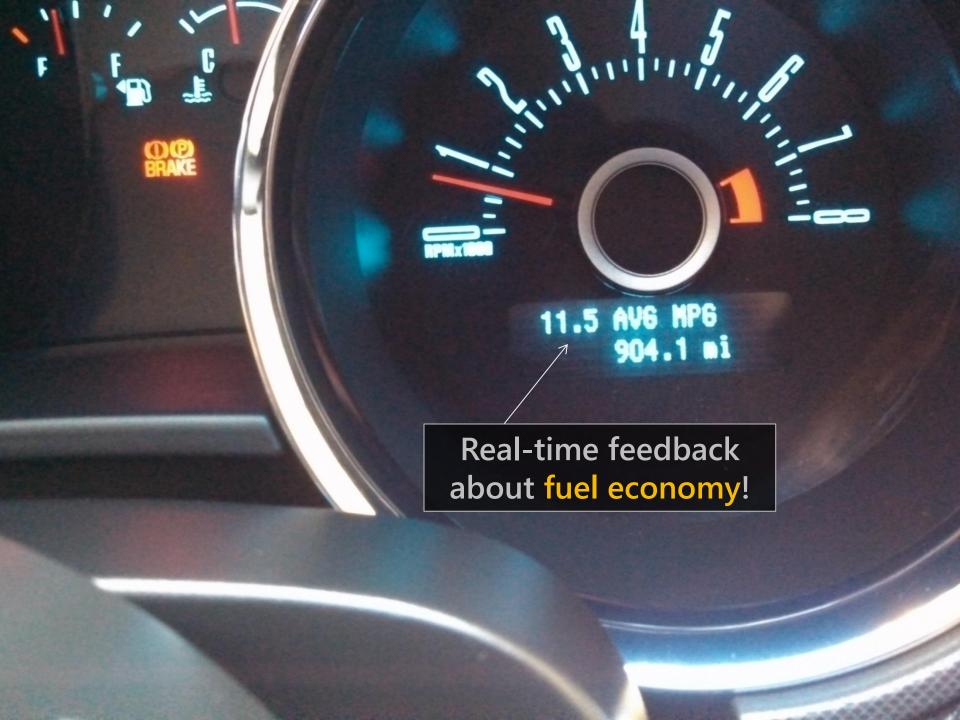






### Then... a breakthrough





### Then... another breakthrough





Japan Release 1997; Worldwide 2000





Constantly watching the mileage measurements on the Prius's little video screen is really a **mobilized video game**. It's NOT simply driving a car.



Harry Fuller
Former executive editor at CNET

Drivers interpret the feedback as a

GAME

## Prius Designed in Pre-Gamification Era



When we observed hybrid drivers, we found they were going for high scores, a gaming behavior that has never existed in cars before. We designed to accommodate it.



**Steve Bishop**Designer at IDEO

# Ford SmartGauge

Debuted in 2010



# Honda Eco-Assist





The Ecological Drive Assist System (Eco Assist) feature guides drivers to realise the full benefits of Honda Hybrid Technology.

### SCORING FUNCTION

Cummulatively/Long Term

GNITION ON

Eco Guide when Ignition ON - Grow "leaf" while driving. A more fuel efficient driving style will provide you with faster growth.





"LEAF" GROWS IN EACH STAGE

"Leaves" grow in three stages as drivers adopt a more fuel-efficient driving style.

#### **IGNITION OFF**

Eco Guide when Ignition OFF - The grown leaves will accumulate and gradually form a trophy to indicate fuel-efficiency driving level: Beginner, Advanced, Congratulations.



STAGE 1



STAGE 2



STAGE 3



BEGINNER



ADVANCED



CONGRATULATIONS







BLUE-GREEN: MODERATELY FUEL-EFFICIENT

GREEN: FUEL-EFFICIENT DRIVING







Regional Rankings

World Rankings

Regional Rankings

Your regional rank for Dec/2010 (as of December 16, 2010)

**③** 

Dec/2010



Your Rank for Dec/2010

Are these systems successful?



Analyzed 400,000 journeys by 5,697 drivers across 5 countries Drivers reduced consumption by 6% with eco:Drive

# GAMIFICATION CRITICISMS



Overhyped and superficial

Play should be voluntary

Intrinsic vs. extrinsic motivation

Credibility and trust

Point inflation

Ethical issues

Undermines user agency

. . .

Gamification is an inadvertent con. It tricks people into believing that there's a simple way to imbue their thing (bank, gym, job, government, health) with the psychological, emotional and social power of a great game.



Margaret Robertson
Game Designer / Consultant

At SCVNGR we like to joke that with seven game dynamics you can pretty much get anyone to do anything.



**Seth Priebatsch**Co-founder of SCVNGR & LevelUp



#### **Welcome to Zema Good!**

Thanks for stopping by. We're presently in invitation-only beta, but if you're interested in being the first to know about our public launch, what e-mail would you like us to use to reach you?

Your email address

Your zip code

Join Our Notification List

If you're already a member of the Zema Good Network, click here to login.

Business Model:
Partner with utilities.

Pay virtual currency for verified energy efficiency.

Developers Contact Us



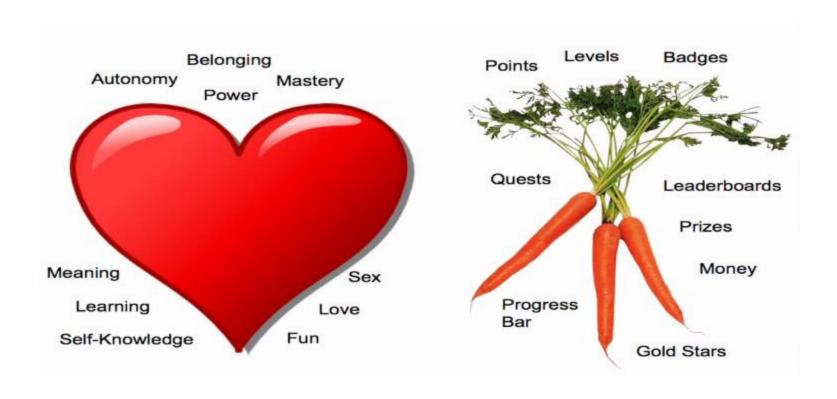
You will become [energy] efficient in spite of yourself because you want that farm cash.



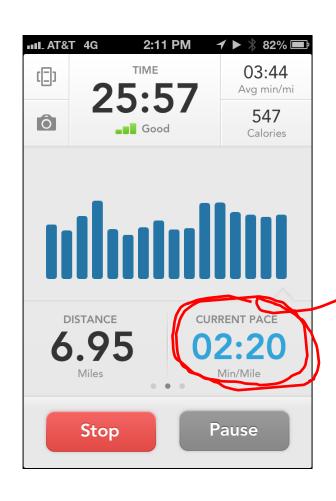
**Eric Senunas**Co-Founder Zema Good, Inc

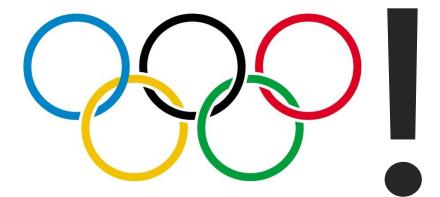


### Intrinsic vs. Extrinsic motivation

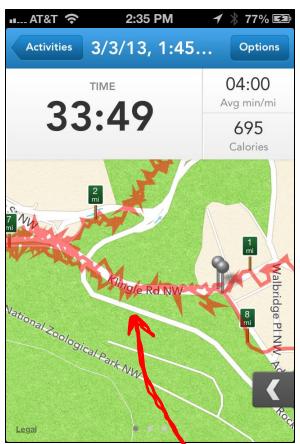


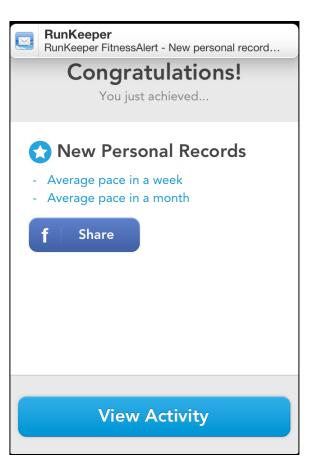






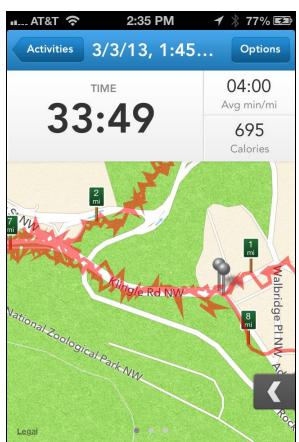


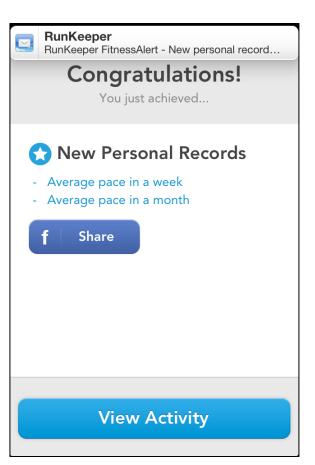




GPS sensor could not get a good fix and Runkeeper does not properly smooth the signal

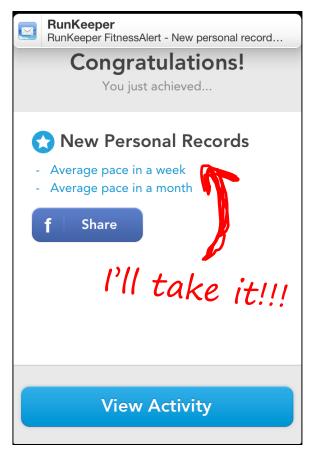




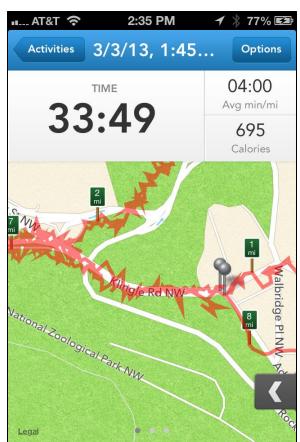


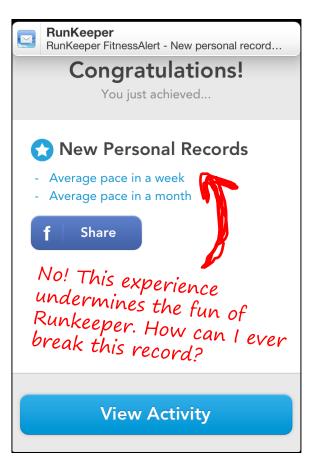








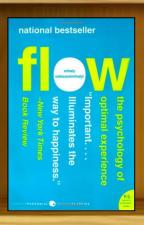


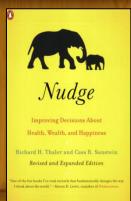


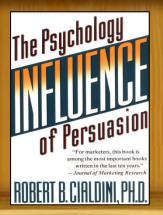
# TALK CONCLUSION

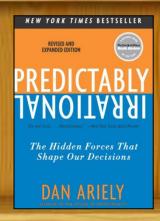


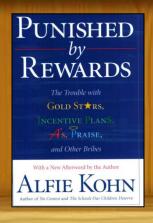
# Some useful books

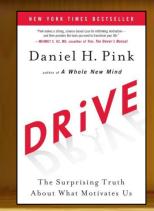


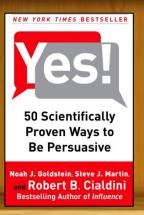


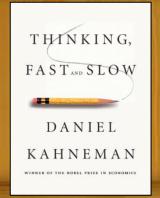


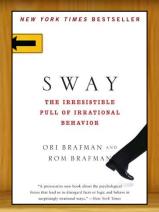


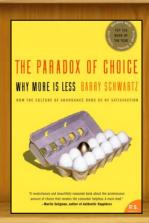


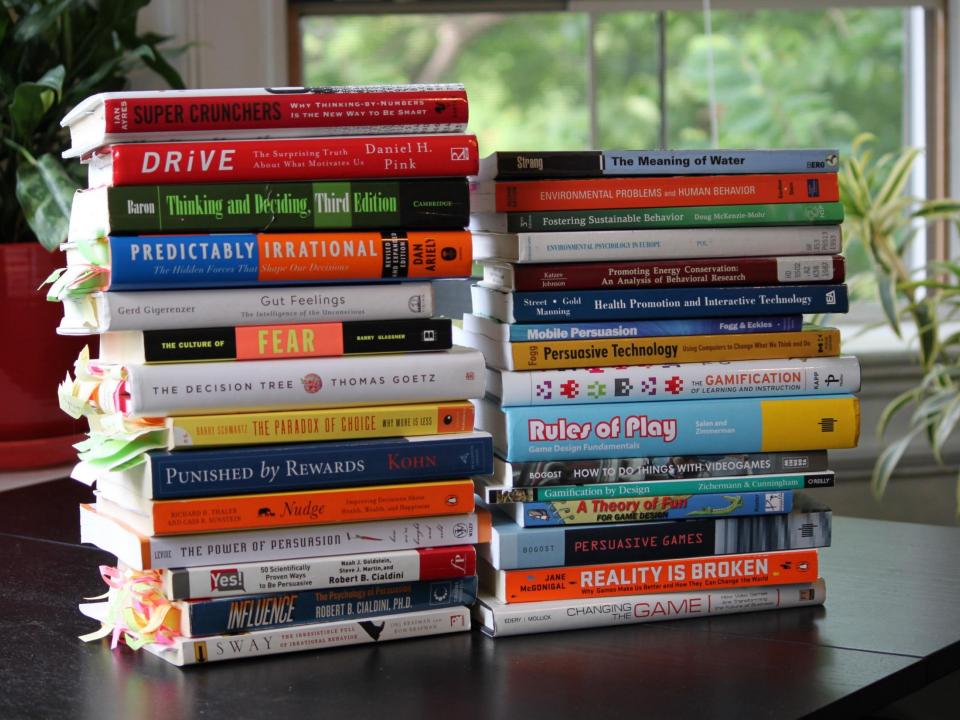












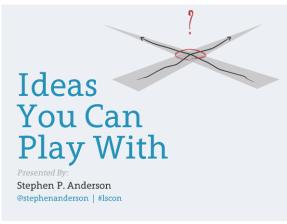
### Some inspiring/useful talks

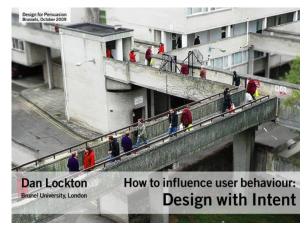






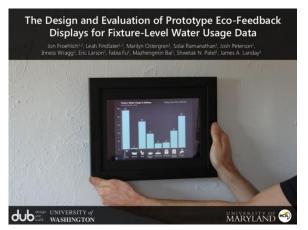












### Some helpful design cards





# Design with Intent

101 patterns for influencing behaviour through design

Free download from danlockton.co.uk

### coding conduct

Persuasive Design for digital media

Welcome About CV Services Research Publications Presentations Contact

# Special thanks to Sebastian Deterding

#### About



#### Me in under 140 characters

Sebastian Deterding designs and researches playfulness and persuasion in digital media.

#### Short Bio

Sebastian Deterding is a designer and researcher working on persuasive and gameful design (or »gamification«), user experience and video games. He is broadly interested in how code shapes conduct – and how to put that knowledge into practice.

He is a PhD researcher in communication research at the graduate school of the Research Center for Media and Communication. Hamburg University, supported by a grant of the Hamburg Federal Initiative of Research Excellence. His thesis looks into the use of game design elements to motivate behaviour in non-game contexts. He is also an affiliated researcher at the Hans Bredow Institute for Media Research in Hamburg, and works as an independent user experience designer. Recent clients include the BBC, Greenpeace, Omnicom Group, Otto, Xing and Schibsted, as well as several startups.

He speaks internationally at venues like LIFT, Interaction, CHI, Web Directions, and Playful, and his work on gameful design has been covered by The Guardian, The New Scientist, the Los Angeles Times and EDGE Magazine among others.

Previously, he worked as user experience designer at Europe's largest magazine publisher, Gruner+Jahr, and as Program Manager Multimedia at the Garman Federal Agency for Civic Education





Rules of Order



9.5 Theses on Gamification





Ruling the World



The MAO Model



Moral persuasion



Don't Play Games With Me!



Gamification Research Network



There Be Dragons



Meaningful Play



Pawned.



Just add points?



»Das Internet ist dezentral.«



stern.de



Living Room Wars



Fiction As Play



You (can) do (better)



du-machst.de



Persuasive Design





KID TESTED ... MOTHER APPROVED

NO ADDED COLORS

NO ARTIFICIAL PRESERVATIVES

NO ADDED FLAVORS

3G OF SUGAR

CRISPY CORN PUFFS ( NET WT 8.7 OZ (246G)

#### The Gameful World

Approaches, Issues, Applications

A book questioning playful and gameful design and their ramifications for society, politics, ethics, design, and individuals. Edited by Steffen 2. Walt and Sebastian Deterding, to appear with MT Pless in 2013.

Sign up to get a single e-mail when the book is ready

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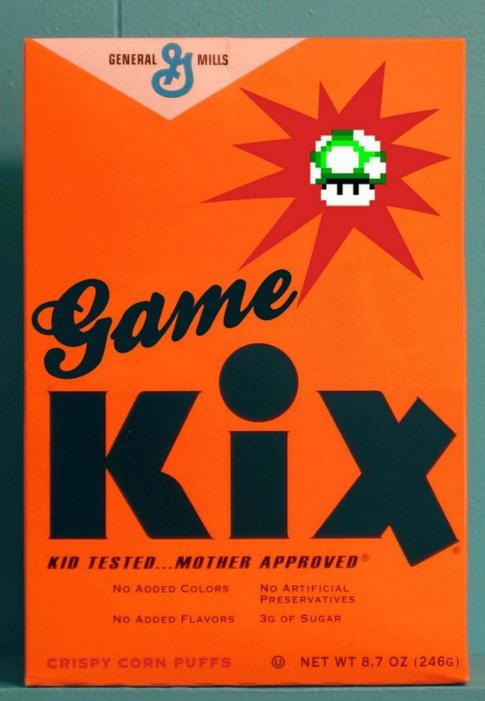
### GAMIFYING GREEN:

Surveying and Situating Green Gamification for Environmental Sustainability

This is a draft chapter for the forthcoming book The Gameful World. Some content subject to change. Note: the pagination, article double spacing, figure and table placement are for draft purposes and will be handled by the publisher for final print version.

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Goto gamefulworld.org & sign-up to receive an announcement when the book is ready

# GAMIFYING GREEN

JON FROEHLICH
ASSISTANT PROFESSOR CS
30<sup>TH</sup> ANNUAL HCIL SYMPOSIUM
MAY 22 2013





### **ACHIEVEMENT UNLOCKED**

You made it through my talk!

twitter: @jonfroehlich





Firespotter Labs, Jotly Rate Everything, 2011; http://youtu.be/QWpbfZHHzc